

## Ohio CACFP Weekly Menu for Children (5-Day)

SITE NAME: RiverTree Christian School & Childcare Center									
Type	Component	Minimum Serving			Date:	Date:	Date:	Date:	
		1 & 2 years	3-5 years	6-12 years	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b> (Serve 2 food components)	Vitamin. D Milk (12-23 mos.)	1/2 cup	1/2 cup	1 cup					
	1% Milk (2 yrs.-12 yrs.)								
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup					
	Grains/Breads	1/2 slice	1/2 slice	1 slice					
	Dry Cereal	1/4 cup	1/3 cup	3/4 cup					
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.					
	Other extra items								
<b>Lunch</b>	Vitamin. D Milk (12-23 mos.)	1/2 cup	3/4 cup	1 cup					
	1% Milk (2 yrs.-12 yrs.)								
	Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.					
	Fruit and/or vegetable and/or juice (to total 2 or more)	1/4 cup total	1/2 cup total	3/4 cup total					
	Grains/Breads	1/2 slice	1/2 slice	1 slice					
	Pasta/Noodles	1/4 cup	1/4 cup	1/2 cup					
	Other extra items								
<b>PM Snack</b> (Serve 2 food components)	Vitamin. D Milk (12-23 mos.)	1/2 cup	1/2 cup	1 cup					
	1% Milk (2 yrs.-12 yrs.)								
	Juice, fruit or vegetable	1/2 cup	1/2 cup	3/4 cup					
	Grains/Breads	1/2 slice	1/2 slice	1 slice					
	Dry Cereal	1/4 cup	1/3 cup	3/4 cup					
	Meat or meat alternate	1/2 oz.	1/2 oz.	1 oz.					
	Other extra items								

For more information on additional food components and amounts, please refer to Ohio CACFP Child Care Meal Pattern Chart.  
 This institution is an equal opportunity employer. Menu items subject to change due to availability.